Bayview Dermatology and Laser Medical Center, Inc.



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Board Certified American Academy of Dermatology American Society of Dermatological Surgery

LIQUID NITROGEN/CRYOSURGERY INSTRUCTIONS

- 1. Pain may be present during treatment and for a short time after (20-60 minutes). If pain persists, Tylenol may be taken.
- 2. Growths will get dark and crusty and often will look worse before they look better.
- 3. Blisters may or may not form. If they do, it will usually be within 24 hours. The blister fluid may be clear or dark blood color. Try not to pick blister or growth.
- 4. Once a blister or scab forms, cleanse the affected area with hydrogen peroxide and apply polysporin ointment and a bandaid. Clean the area once to twice daily until healed, which will usually be in 1-2 weeks. Please avoid sunlight, swimming pools, oceans and lakes until wounds are healed.