



Instructions after Wart Treatment

You have just been treated with liquid nitrogen for the removal of warts. The pain and burning sensation will last about 20-60 minutes. Redness and a blister will then follow. The blister will be either clear or red/purple. The blister will often be larger than the treated area, and if several adjacent areas are treated, the blister may combine to include all the areas. Do not be concerned.

Once the blister occurs, clean the area with soap and water. Carefully pop the blister (superficially) with the sterile #11 blade supplied, and then wash the area again with soap and water. This is to help prevent spreading of the wart.

Once the blister is popped and cleaned, please clean the wound twice daily with hydrogen peroxide and apply Polysporin (an over the counter antibiotic ointment) and a band-aid. Please avoid covering the area before blister has been popped and cleaned.

Remember that warts often take multiple treatments to resolve, as the virus is often resistant to treatment.

It is important to follow up with your next appointment, because if the wart is not completely resolved, it is best to treat it again approximately 1 month after the first treatment.

A small amount of clear yellow drainage and peripheral pinkness is part of the normal healing process. However, if a persistent purulent foul smelling drainage and redness occurs (especially if accompanied by a fever) or severe redness and itching occurs, please call our office immediately, because an infection or allergic reaction may be present.

If you have any problems or concerns please call our office at (949) 721-8300 or page Dr. Dimino at (949) 717-9848.